

YOLO COUNTY CHILDREN'S ALLIANCE & CHILD ABUSE PREVENTION COUNCIL

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**Child Abuse Prevention Council (CAPC) Meeting Minutes
Friday, November 2, 2018, 9am-11am
Yolo CASA Conference Room; 724 Main St., Suite 101; Woodland, CA 95695**

1. Welcome, Roll Call, and Introductions

- Meeting began at 9:04am
- CAPC members present: Celina Alveraz, Gina Daleiden, Mariah Ernst-Collins, Tracy Fauver, Dan Fruchtenich, Sara Gavin, Cameron Handley, Jennie Pettet, Anna Sutton
- CAPC members not present: Rebekah Couch
- Others present: Natalie Audage, Katie Villegas, Suzanne Ballen, Jill Cook, Brian Vaughn (Anna Sutton's alternate)
- Tracy Fauver, CAPC Chair, welcomed Cameron Handley, Director of Yolo County's Multi-Disciplinary Interview Center, as new CAPC member from the criminal justice system.
- Natalie Audage reported that YCCA consulted with Yolo County Counsel, Carrie Scarlata, on CAPC voting eligibility. Carrie clarified that all CAPC members, including County employees, are allowed to vote. CAPC members are asked to recuse themselves if votes are related to decisions that will result in money for their department or organization.

2. Public comment

Limited to subjects relating to the collaborative and not on the agenda. The Chair reserves the right to impose reasonable time limits on individual speakers and topics.

- None

3. Approve September 21, 2018, CAPC Minutes

- Celina Alveraz motioned to approve, Mariah Ernst-Collins seconded. All approved.

4. Approve November 2, 2018, CAPC Meeting Agenda

- Dan Fruchtenicht motioned to approve, Jennie Pettet seconded. All approved.

5. Review and approve 2018-21 CAPC Strategic Plan: Functions and Tactics

- Tracy began the conversation by saying that there was rich discussion at the last meeting, but that many CAPC members were not present. Brian Vaughn and others who attended the last meeting were invited to share what was discussed at the last meeting.
- Brian suggested that the CAPC develop talking points for members to describe what we want to share about the CAPC.
- Strategic plan discussion and changes
 - Function 1: Serve as an advocate for children and families in Yolo County
 - Moved this function to the beginning of the document because it's such a large part of what the CAPC does.
 - Members wanted to remove the specific meetings and modify some wording:

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- Tactic A: Coordinate with overlapping strategies, collaboratives, partners, and interests. Members and alternates will share information with other meetings and collaboratives.
- Tactic B: Access and utilize data to inform prevention and response to child abuse and neglect in Yolo County.
- Function 2: No change
- Function 3: No change
- Function 4: Add as Function 4.A.4: Provide/facilitate/ support reporter trainings for professionals who service homes (e.g., utilities)
- Function 5: Recommend improvements in services to families and victims
 - In order to educate the CAPC about current activities in CWS, Jennie offered to share the following with the CAPC:
 - 2016 Child Welfare Services (CWS) 84-item Action Plan (that resulted from the 6-month assessment requested by the Board of Supervisors)
 - Systems Improvement Plan
 - Other Health and Human Services strategic planning.
 - Cameron recommended that the CAPC invite law enforcement (at the city level) as a CAPC member or as part of a subcommittee in order to facilitate their engagement and potential adoption of recommended policies and suggestions.
 - Brian presented the questions about the strategic plan that he raised during the September 21 meeting:
 - What is the goal of the CAPC?
 - Can the vision of the strategic plan be broader so that we're looking at larger, systemic issues that contribute to child abuse and neglect?
 - How can child abuse and neglect be prevented? What are the root causes? Do we have the right interventions, programs, and policies in place to prevent child abuse and neglect?
 - How can the CAPC balance prevention and intervention (i.e., primary and secondary prevention with tertiary prevention)?
 - Jill said that as long as the CAPC is performing the functions dictated by the Welfare and Institution Code, the CAPC can do more.
 - The group agreed that the CAPC should look at protective factors (and not just risk factors), Adverse Childhood Experiences as well as Adverse Community Experiences, and toxic stress for youth, parents, and grandparents (i.e., intergenerational toxic stress).
 - The group agreed that the next meeting should focus on defining the Yolo CAPC mission, vision, values, and principles.
 - Data conversation:

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- Jennie reported that CWS is working on a new data dashboard that the CAPC can use to inform its work.
 - Jennie also mentioned Dr. Emily Putnam-Hornstein's research (from Berkeley Social Welfare) on risk factors for serious maltreatment and fatality that can be used to identify families that need intervention (e.g., age of mother, mother's involvement in CWS, single mothers, and having more than two children under five).
 - The group discussed the power of economic data and three types of data in this area: 1) the cost of CWS services per case of child abuse and neglect; 2) the lifetime cost of Yolo County child abuse and neglect cases (see SF resource below); 3) the savings that prevention can provide.
 - Wording change in Tactic A to: "Make recommendations to Board of Supervisors and other groups on strengths and weaknesses of Yolo County's community efforts in prevention and addressing child abuse and neglect."
 - The CAPC will work on strategic plan Addendum A (Consensus procedures for making recommendations about Yolo County's community efforts in preventing and addressing child abuse and neglect) in the future.
 - The following items were distributed during the Function 5 conversation:
 - Risk and protective factors for child abuse and neglect from the Centers for Disease Control and Prevention (CDC)
<https://www.cdc.gov/violenceprevention/childabuseandneglect/riskprotectivefactors.html>
 - Preventing Child Abuse and Neglect: A Technical Package for Policy, Norm, and Programmatic Activities (from CDC)
<https://www.cdc.gov/violenceprevention/pdf/CAN-Prevention-Technical-Package.pdf>
 - Economic costs of child abuse and neglect over the lifetime (from San Francisco Child Abuse Prevention Center)
<https://safeandsound.org/economics-child-abuse-study-san-francisco/>
 - Function 6: Replace "fill" with "address"
- 6. Discuss content for 10-minute presentation to Board of Supervisors on December 11, 2018**
- Approved proposal for 10 slides
 - Mission of CAPCs in general (note that we will work on our own mission in 2019)
 - Requires annual update to Board of Supervisors
 - Functions

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- Members (introduce them if they are present)
- Yolo CAPC formation (bylaws, meetings, in the process of strategic planning)
- Data to show the problem
 - Data on ACEs and Yolo ACEs
 - Substantiated cases of child abuse and neglect and # people served by CWS
 - Recent data on mental health, intimate partner violence, poverty, substance use (leading factors as identified by CWS)
- Ongoing CAPC activities: meetings, CAP Month (document, resolutions, activities); editorials and articles; distribution of Period of PURPLE Crying materials to hospitals; promotion of reporting of child abuse and neglect with partnering with CWS to produce written documents
- CAPC plan: Want this to be a data-driven effort, so need to spend time looking at data before making recommendations.
 - Focus on short-term and long-term recommendations from Function 5
 - Note that CAPC will bring the strategic plan to the BOS for input and feedback in 2019.

7. Discuss ideas for CAP Month

- Resilience CAP Month document: Natalie will share a draft with CAPC members in late November/early December. She has asked for members to track changes and return feedback within 2 weeks. The document will cover the following:
 - Stress (normal and intense) and its impacts on body, brain, health (not using the words toxic stress)
 - The fact that we can heal at any time
 - Strategies to protect oneself and children from intense stressors and ways to heal from challenging or negative experiences
 - Reduce and address intense stressors (i.e., get help)
 - Power of relationships for children and adults
 - Taking care of our bodies and brains: sleep, food, exercise, mental health care, positive home environment, regulation, self-care
 - Resources
- *Resilience* movie screenings for the community (<https://kplrfilms.co/resilience/>): CAPC voted (Jennie Pettet motioned, Mariah Ernst-Collins seconded, All approved) to pursue co-sponsoring *Resilience* screenings with Resilient Yolo about co-sponsoring this. Natalie will start to work on planning this with Resilient Yolo.
- Be the One campaign from Resilient Yolo: CAPC agreed to use the Be the One campaign materials that were launched by Resilient Yolo at the Oct. 30 Building a Resilient Yolo Summit. Natalie will incorporate information about the campaign into the CAP Month document on resilience, and organizations can disseminate the information via their

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networks in April. More information about the campaign can be found at www.betheoneyolo.org.

- Idea to do mandated reporter trainings for professionals who service homes:
 - Jennie talked about the opportunity that CWS has identified for the CAPC to deliver training and information to services providers (e.g., utilities, cable, water meter readers) about reporting child abuse and neglect to CWS.
 - Celina asked about whether jobs are protected if people make a report, and Jennie said that reports can be anonymous but that she would check with County Counsel for further guidance.
 - Jennie suggested adding this idea to Function 4 of the strategic plan since it relates to supporting trainings on the prevention, detection and intervention of child abuse and neglect (see strategic plan item 5 in the minutes).

- 8. **Meeting schedule:** Tracy suggested meeting 9-11am on the first Friday of every other month. Because January 4 falls on a time when many people may be on vacation, she suggested meeting January 11 instead.

Adjourned at 11:11am