

# YOLO COUNTY CHILDREN'S ALLIANCE & CHILD ABUSE PREVENTION COUNCIL

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## Child Abuse Prevention Council (CAPC) Meeting Minutes Friday, March 1, 2019, 9am-11am

Yolo CASA Conference Room; 724 Main St., Suite 101; Woodland, CA 95695

1. Welcome, roll call, and introductions
  - Meeting began at 9:02am
  - CAPC members/alternates present: Celina Alveraz, Gina Daleiden, Mariah Ernst-Collins, Dan Fruchtenich, Sara Gavin, Cameron Handley, Jennie Pettet, Samantha Smith (alternate for Tracy Fauver), Anna Sutton, Brian Vaughn (alternate for Anna Sutton)
  - CAPC members not present: Rebekah Couch
  - Others present: Natalie Audage (YCCA), Jill Cook (CAO), Robin Frank(YCCA), Gabrielle Meyer (YCCA), Alisia Peters (YCOE)
  - Ice breaker: Who's a person who positively impacted your childhood? Who was your ONE?
2. Public comment

Limited to subjects relating to the collaborative and not on the agenda. The Chair reserves the right to impose reasonable time limits on individual speakers and topics.

  - Jill Cook talked about the Sacramento Child Death Review Team meeting that she recently observed with Brian Vaughn, Jennie Pettet, and Laura Nielsen.
    - Jill, Brian, and Jennie shared their impressions of the meetings, which they found to be very structured, systematic, and organized.
    - Jill, Jennie, and Brian gathered sample documents, forms, and MOUs from the Sacramento CDRT. They also shared the 2016 annual report that the Sacramento CDRT and FIMR produces.
    - CAPC members expressed an interest in learning more about CDRT and FIMR in hopes to inform their work on systemic and community changes.
  - Gina Daleiden shared that First 5 Yolo, with direct service partners CommuniCare Health, Yolo County Children's Alliance, and Yolo Crisis Nursery, received a \$1.8 million grant (over 3 years with an option to extend for 2 additional) from the California Office of Child Abuse Prevention to serve mothers with past or present substance use or those parenting a child with the effects of parental substance use. She thanked partners for their contributions to the grant application and to the future work on a project that will establish centralized coordination for identification of families and linkages to services.
  - Jennie Pettet shared that March is Social Worker Appreciation Month.
  - The CAPC took a picture for the April 10 Wear Blue post.
3. Approve January 11, 2019, CAPC minutes
  - Cameron Handley motioned to approve, Dan Fruchtenich seconded. All approved.
4. Approve March 1, 2019, CAPC meeting agenda
  - Gina Daleiden motioned to approve, Anna Sutton seconded. All approved.

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5. Discuss and vote on mission, vision, and ground rules
    - a. Discuss ground rules
      - Group came up with the following ground rules:
        - Actively participate
          - Attend meetings or send alternates, respond to requests for feedback even if it's only to say that you have no feedback, engage in meetings, participate in committees
        - Work toward consensus: Disagree and then commit
          - CAPC is a safe space where members can disagree and respectfully hold different opinions, but once a decision is made, members commit to supporting the decision.
          - Use 5 minutes at the end of each meeting to talk about the 3 things that the group wants to communicate about the meeting to the public.
        - Honor confidentiality
        - Record outcomes and follow up
      - **Next step:** Natalie will write up the ground rules and the CAPC will vote on them at the next meeting.
    - b. Discuss and vote on mission and vision
      - Voted on vision: Every child in Yolo County is safe and thrives.
        - Jennie Pettet motioned to approve, Anna Sutton seconded. All approved.
      - Voted on mission: The mission of the Yolo County CAPC is to eliminate child abuse and neglect and the adversity it causes by strengthening families and communities.
        - Sara Gavin motioned to approve, Jennie Pettet seconded. All approved.
      - Discussed values: Members suggested adding the following to the values:
        - Promoting resilience
        - Prioritizing safety (includes physical, emotional, and community)
      - **Next steps:** CAPC Leadership will work on refining the values, come up with sentences to define/interpret the values, and will present the draft ideas at the next CAPC meeting. If members have other thoughts/suggestions, please send them to Natalie Audage.
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6. Ad hoc committee updates
    - a. Data Committee-Natalie (YCCA), Jennie/Jennifer/Laura (HHS-Children, Youth, and Families), Anna/Brian (HHS-Community Health Branch), Celina/Rachael (Empower Yolo), Tracy/Jen/Samantha (CASA)
      - Committee has met twice (1/29, 2/26)
      - First meeting: Talked about purpose, generally what kinds of data we want to look at:
        - State and national trends in child abuse and neglect
        - Yolo CWS data to help us understand the problem in Yolo

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- Domestic violence data from Empower Yolo
  - Data on risk and protective factors for child abuse and neglect
  - Second meeting: Started looking at data and frameworks.
    - *Framework*: Talked about potentially using primary, secondary, and tertiary prevention mapped with indicators and strategies for each level of prevention (e.g., from CDC's Technical Package on Preventing Child Abuse and Neglect) as a framework. Also talked about thinking about using the whole Spectrum of Prevention to guide our work.
    - *Dashboards*: Looked at a few dashboards that we might use as templates for our own dashboard.
    - *Data*: Looked at CWS data, some MCAH data (mainly on poverty and other risk factors for child abuse and neglect), and passed out some national and state data.
    - *Next steps*: Going to hear more about disparities and learn more specifics about neglect cases in Yolo as well spend more time on state and national trends. Plan to identify priority areas for prevention that the data indicate as well as indicators. Then will start thinking about outcomes and strategies for those priority areas.
    - *Update on County's Snapshot on the Economics of Child Abuse*
      - SF CAPC is now offering to develop customized Snapshots of counties.
      - Data Committee discussed that the CAPC is planning to ask for a snapshot of Yolo for 2018. Snapshot won't be ready until May 15, 2019, at the earliest. CAPC will write talking points and use the data thoughtfully in the framing of the argument for investment in prevention.
      - Natalie is in touch with Katie Albright, Executive Director of Safe and Sound, SF CAPC.
      - **Next step**: Natalie will start working on the process to fill out the survey. Will get CAPC input.
      - **Next step**: Need CAPC logo for this and other efforts:
        - Sara Gavin volunteered to work with Natalie and a graphic designer on the logo.
        - Gina Daleiden said that the First 5 Yolo graphic designer could help with the logo. Anna Sutton said she has a graphic designer starting soon who can help, too. Natalie has another contact if needed as well.
- b. CAP Month Committee-Natalie (YCCA), Celina (Empower Yolo), Cameron (Multi-Disciplinary Interview Center)
- Committee has met twice (1/30, 2/22)
    - i. Resilience CAP Month document

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- Natalie passed out copies of the document and said the content is finalized, graphic design is done, and the document is currently at translator (Russian and Spanish). Then will go to printer to be ready by the end of March.
- Natalie will mail and email information out to people in late March/early April.
- Dissemination strategy is to give materials to family-serving providers to pass out to parents:
  - CAPC members should contact Natalie for copies to distribute to families.
  - Natalie will prepare materials and talking points for CAPC members to deliver during partner meetings. Natalie requests that members let her know when they talk about the document at partner meetings.
  - Natalie can also deliver 5-minute presentations at partner meetings in March/April.
- ii. *Resilience* movie screening with Resilient Yolo
  - Celina reported that the committee decided on the film: *RESILIENCE: The Biology of Stress & The Science of Hope*, which the Foster Kinship Care & Education group owns.
  - CAPC watched a preview of film.
  - Have two dates and locations for the community events:
    - Woodland Community College: Wednesday, April 24, 6-8pm
    - West Sac Library: Monday, April 29, 6-8pm
  - Discussed proposed moderator: Yolo County Public Health
    - Brian Vaughn agreed to moderate on April 29, and Anna Sutton will contact Ron Chapman. The moderator will introduce the topic as a public health issue, discuss the new Surgeon General, and the CA Bill on ACEs screening, and introduce the CAPC Resilience document.
  - Discussed potential panelists for after film
    - CWS (prevention, resilience/early intervention): Jennie Pettet agreed to be a panelist.
    - CommuniCare (mental health and integrated healthcare system): Sara Gavin agreed to be a panelist.
    - Resilient Yolo (Be the One): Tracy Fauver or Lucy Roberts?
    - Yolo County Library (Be the One and their efforts): Mark Fink?
    - Empower Yolo (Victims services and FRC in Woodland): Celina Alveraz agreed to be a panelist.
    - YCCA (FRC in West Sac and SxS): Natalie will talk to Jeneba Lahai.
    - Schools: Gina suggested contacting Justine Jimenez of West Sac/Quality Counts for school/preschool providers in West Sacramento and Woodland. Specify that someone with knowledge of ACEs is desired.
    - Medical professional: Gina is planning to contact Dr. Nowiki to see if he is available.
    - People liked the idea of having a former foster youth.

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- Brian suggested clarifying the purpose of the panel and the event as a whole. Is it to provide information about services, answer questions, etc.?
    - Celina Alveraz suggested having a meeting with the panelists to finalize this information before the event
  - CAPC reviewed draft flyer. The group asked that pediatricians be changed to health care providers and that following be emphasized with bold: “learn about community resources and how to promote resilience in children in our community”
  - Natalie submitted First 5 Sponsorship request and First 5 Yolo approved it. The CAPC thanked First 5 for their sponsorship of the event.
  - **Next step:** Natalie will send out the flyer next week so CAPC can help spread the word.
  - iii. Newspaper submissions
    - Planning to do a press release with information about CAP Month, the resilience document and the *Resilience* screenings to submit to local newspapers (West Sacramento, Davis, Woodland)
    - Empower Yolo will also emphasize this in their monthly article.
  - iv. CAP Month resolutions
    - Natalie passed out a draft of the resolution with draft data from CWS. Asked for feedback.
    - Katie Villegas will contact Board of Supervisors and cities to get on the agenda in April.
    - Natalie will send out information about the dates, times, and locations to the CAPC.
  - v. Social media campaigns
    - Natalie will write 7-10 posts for April, including promotion of:
      - Wear Blue Day (April 10)
      - CAP Month Resilience document
      - *Resilience* screenings
      - Be the One campaign
    - Natalie asked CAPC members to like YCCA’s page and follow on Twitter to repost them. Natalie will also email a document with the posts to the CAPC.
7. Adjourned at 11:10am
- Anna Sutton motioned to approve, Dan Fruchtenich seconded. All approved.