

**talk
+ play**

CONNECT

Time with your kids... It adds up!



Start a conversation

with parents and caregivers

Introduce the Talk+Play=Connect Toolkit with these questions.

Talk

- Is it easier to talk to your child during certain activities or during certain times of the day?
- How do you and your child communicate without words?
- When do you feel like it's easy to talk to your child? When does it feel hard?

Toolkit resources: *Why Talking to Your Kids Is So Important, Age-specific talking tips*

Play

- What interests do you and your child share?
- Are there certain activities that bring you and your child closer?
- If you had a few free minutes with your child, what would you do with him or her?

Toolkit resources: *Children Learn Through Their Play, Age-specific talking tips*

Times to Connect

- What do you do to bond with your child?
- Do you have special things that you do with your child in the morning, during meals, and/or at bedtime?
- Are there certain times of day when you feel more connected with your child?
What makes you feel more connected during those times?

Toolkit resources: *Times to Connect, Age-specific Times to Connect Tip Sheets*



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www.yolokids.org/forfamilies

This resource was created by Yolo County Children's Alliance



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Time with your kids... It adds up!

Continue a conversation

with parents and caregivers

Use these questions to discuss the Talk+Play=Connect Toolkit for Families once parents and caregivers have read and/or used it.

Talk

- What did you learn from the information in the toolkit about talking with your child?
- Have you tried anything new when talking to your child since you got this information?
- What have you noticed helps you communicate better with your child?

Toolkit resources: *Why Talking to Your Kids Is So Important, Age-specific talking tips*

Play

- Were there any surprises in what you read about how much children learn through play?
- Have you and your child played together since you read the toolkit? What did you do?
- How did you feel while you were playing together? How do you think your child felt?

Toolkit resources: *Children Learn Through Their Play, Age-specific talking tips*

Times to Connect

There were many ideas in the toolkit about how to connect with your child in the morning, at mealtimes, and at bedtime.

- Did you try any new ideas? How did they go?
- What ideas do you have for other ways to connect?
- What about ideas for other times of the day?

Toolkit resources: *Times to Connect, Age-specific Times to Connect Tip Sheets*



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